

DOCTOR APPOINTMENT NOTES SHEET

While you prepare for your next appointment, it may be helpful to write down everything you'd like to discuss. **After filling out the information listed here, you'll be able to refer back and take notes during your appointment.**

My symptoms

Check off any symptoms that you've been experiencing.

- | | |
|--|---|
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Chest pain/tightness |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Skin turning bluish-purple |
| <input type="checkbox"/> Cough | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Coughing up mucus | <input type="checkbox"/> Unintentional weight change (gain or loss) |
| <input type="checkbox"/> Coughing up blood | <input type="checkbox"/> Back pain |

Other:

<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____

Past treatments and tests

List any previous treatments and tests you've gone through.

Questions for my doctor

Write down any questions you may want to ask during your appointment.

Appointment notes

Use this space to take notes as you discuss with your doctor.

